

# KEEP UP!

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**Believe!**

**Commit!**

**Succeed!**

" If you think you can, you can. And if you think you can't, you're right. "

Marykay Ash

" A new idea is delicate. It can be killed by a sneer or a yawn; it can be stabbed to death by a joke or worried to death by a frown on the right person's brow. "

Charles Brower

" The basic difference between an ordinary person and a warrior is that a warrior takes everything as a challenge while an ordinary person takes everything as a blessing or a curse. "

Carlos Castaneda

" Nothing great will ever be achieved without great men, and men are great only if they are determined to be so. "

Charles DeGaulle

" Put your hand on a stove for a minute, and it seems like an hour. Sit with a pretty girl for an hour, and it seems like a minute. That's relativity. "

Albert Einstein

" What did you ask at school today? "

Richard Feynman

" Over seriousness is a warning sign for mediocrity and bureaucratic thinking. People who are seriously committed to mastery and high performance are secure enough to lighten up. "

Michael J. Gelb

" Never fear criticism when you are right. Never ignore it when you are wrong. "

Connie Jackson

" Nothing is more common than unfulfilled potential. "

Howard Hendricks

" Life is either a daring adventure or nothing. Security is mostly a superstition. It does not exist in nature. "

Helen Keller

" The quality of a person's life is in direct proportion to their commitment to excellence, regardless of their chosen field of endeavor. "

Vince Lombardi

" The ultimate leader is one who is willing to develop people to the point that they surpass him or her in knowledge and ability. "

Fred A. Manske, Jr.